

# Agreement

Read carefully before signing: Acknowledgement, Waiver, and Release from Liability and Potential Claims based upon Negligence or Other Claimed Misconduct (AWLR)

<Including TEST SWIM>

<Contract>

I, in regard to my participation in the above race, understand the rules and regulations of the Japan Triathlon Federation, in addition to any other local rules as designated by the event management, as stated below, and hereby pledge to abide by such rules and regulations at all times.

<Understanding of Course Conditions and Safety Management>

1. I have adequate experience in triathlon and/or related sports, and appreciate the propensity for competitors' physical condition to change dramatically. Furthermore, I understand that the competition will be held in an outdoor environment where conditions can suddenly alter, and that as unexpected accidents may occur, I must do my utmost to preserve my own safety and that of those around me at all times while engaged in this competition.

<Self-Declaration of Health Condition>

2. My present state of health, reflecting the results of medical examinations over the past year, has been declared to be excellent, and no problems are expected in relation to my participation in this competition. Furthermore, in the event that I have any physical irregularities or existing complaints, or other matters that I wish the race organizers to be made aware of, I will inform them of these matters in writing. In addition, if so requested by the race organizers, I will produce certificates of physical fitness and/or cardiograms.

<Responsibility for Self Preservation and Compliance with Emergency Medical Procedures>

3. I, in accordance with my sense of responsibility as an individual competitor, pledge to undertake this competition with abundant attention to safety and health issues. Furthermore, if, in the event that I am injured or have any accident during the competition, I will accept medical assistance from doctors designated by the event organizers, and will not contest any subsequent emergency procedures or the results thereof.

<Scope of Indemnity in the Event of Accident Resulting in Injury or Death>

4. I fully understand that in the event of any injury incurred by me in this competition or related events, which results in physical damage to me or my death, any insurance cover extended to me will be within the limits of the insurance policy undertaken by the event organizers.

<Exemption Clause>

5. I fully agree that in the event of natural disaster, deterioration of weather conditions or any other unforeseeable impediments to the competition, the ultimate decision to cancel the competition or alter any part therein lies with the event organizer, and that I will not make any request for reimbursement of personal costs or entry fees incurred by me in relation to the event. I furthermore agree that in the event that any of my racing equipment is damaged or stolen within the event period, with the exclusion of demonstrable gross negligence on the part of the event organizers, I will not make any claim against the event organizers for compensation of such losses.

<Public and Commercial Use of Photographic Image Rights>

6. I hereby consent to the use of my photographic image, name, address, age, racing history, self introduction and other such materials in any publications related to the competition, including reporting and informational media, and give my permission to the event organizer and its mother organization to use such properties to produce printed, video and other informational materials for commercial purposes.

<Family Consent and Mediation>

7. My family, relatives and/or guardians fully understand and agree with the contents of this contract, and are in agreement with my participation in the competition. Furthermore, they agree that in relation to matters outside the scope of this contract, all matters are to be settled in accordance with JFU regulations and the regulations of this event.

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To the Event Organizers,

I hereby pledge that I have understood and am in agreement with all of the above content, and am entering the following details and my signature to this effect.